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FREE DESIGN WORKSHOPS

TODAY
FROM 6 P.M. TO 8 P.M.

Let Gaza kids in, doctor urges

Gaza-born doctor calls on federal government to let 100 Palestinian kids go to Ontario for treatment **PAGE 6**

ROBIN WILLIAMS DEAD AT 63

LEGENDARY ACTOR WAS REPORTEDLY BATTLING SEVERE DEPRESSION **PAGE 8**

Silos turning into 'ginormous' mural

Vancouver Biennale.

Famous Brazilian graffiti artists coming to make their mark on Granville Island



EMILY JACKSON

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Six grey industrial concrete silos on Granville Island are on the verge of becoming Vancouver's most iconic piece of public artwork.

World-famous graffiti artists Os Gemeos, twin brothers from Brazil, will spray-paint the 21-metre-tall waterfront silos into a 360-degree mural as part of the Vancouver Biennale public art project.

"This is really going to have a transformative impact on our city in celebratory, fun way," Biennale spokeswoman Miriam Blume said Monday.

The "ginormous" mural, which will be seen from both land and water, is expected to become as much or more of an attraction for locals and tourists as the laughing statues at English Bay, Blume said.

About 10.5 million people



Local painters are prepping the six industrial silos on Granville Island before the famous twin Brazilian artists known as Os Gemeos paint a massive, 360-degree mural. ROAMING THE PLANET/VANCOUVER BIENNALE

a year visit Granville Island.

And it's not just the size of the mural that's a big deal.

Os Gemeos have exhibited at prestigious institutions such as London's Tate Mod-

ern and the Los Angeles Museum of Contemporary Art, and they are renowned for

their art, inspired by hip hop and Brazilian culture. This mural will be their largest

project to date and their first in Canada.

Landing such high-profile artists would usually cost about \$1 million, Blume said.

But Ocean Concrete, the company that owns the silos, embraced the project and didn't charge for the space. The non-profit Biennale expects it can cover the remaining costs — including \$21,000 for 1,400 cans of spray paint — for about \$125,000.

To raise the cash, the Biennale is hosting its first Indiegogo crowdfunding campaign.

It hopes to get the entire city involved by encouraging people to contribute, whether it's \$5 for a promise of good karma or \$10,000 to sponsor an entire silo.

It has already raised more than \$17,700 from people around the world in the first five days of the campaign.

"We're really trying to put this global community together and put this amazing thing to life," Blume said.

Local Wolfgang Painters are painting the silos in blocks of bright colours before Os Gemeos begins their work on Wednesday.

"People are already starting to line up and take photos," Blume said.

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Showstoppers

Emerging technology standouts

High brightness projection: A Vancouver startup, MTT Innovation has developed a disruptive laser projection system capable of enabling high dynamic range (HDR) on a large screen. The team says Hollywood is able to capture incredible high-fidelity images but current projection systems hold back the quality in theatres. Vancouver Mayor Gregor Robertson lauded the team, saying it could revolutionize the industry.

Traxion: A tactile interaction device developed by the University of Tokyo and Sony Computer Science Laboratories, that creates virtual force sensations. Vibrations make users holding the small stick-like device feel like it's being physically pushed forward or away, even through the free-floating device isn't connected to anything.

Pixie Dust: An image-generating system that uses sound waves to levitate tiny specks, upon which coloured light is projected. The result is ethereal artwork that dances in mid-air — at least until someone exhales and blows it away. Vancouver Economic Commission CEO Ian McKay says the Japanese-developed technology has the potential to create huge public displays.

Birdly virtual reality demo: Developed by a team at the Zurich University of the Arts, Birdly equips people with Oculus Rift virtual-reality headsets and straps them into a bird-like apparatus to simulate flying above and through the streets of San Francisco.



Vancouver Mayor Gregor Robertson tries Traxion, a tactile interaction device developed by the University of Tokyo and Sony Computer Science Laboratories, at the emerging technology showcase at SIGGRAPH 2014 in Vancouver on Monday. MATT KIELTYKA/METRO

Tech of tomorrow in Vancouver today

SIGGRAPH 2014. Mayor expects conference will bring another boost to city's technology sector



MATT KIELTYKA
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Vancouver is hoping that the SIGGRAPH 2014 conference can cement the city's place on the world stage as a technological powerhouse.

Mayor Gregor Robertson was touring the show floor at the annual trade show on Monday, touting it as the biggest conference the city has ever hosted.

The event, held at the Vancouver Convention Centre, brings together the world's biggest graphics, animation and visual-effects companies and gives attendees first looks at breakthroughs in emerging technologies such as virtual reality and 3D printing.

Vancouver became the first city outside the U.S. to host SIGGRAPH in 2011, and this year's return comes as tech giants such as Microsoft, Amazon and Sony ImageWorks dramatically increase their presence in the city.

"This conference is so huge for Vancouver," said Robertson. "The success of 2011 has led to three years of intense growth in these

By the numbers

15,000

Over 15,000 attendees — artists, programmers, filmmakers, computer scientists, animators and game designers — from 75 different countries are expected to attend the five-day conference.

industries in Vancouver, and 2014 will be another big boost."

The provincial government said SIGGRAPH 2011 generated an estimated \$38.5 million in direct spending for the local economy.

Robertson and Vancouver Economic Commission CEO Ian McKay were given a

personal tour of the conference's emerging technologies exhibit on Monday. They marvelled at everything from a virtual-reality bird simulator to "graffiti fur" technology that can turn carpets into a computer display.

"The emerging technology displays were mind-blowing, really," said Robertson.

"You see samples or hear about it online; actually seeing the inventions and new technologies is fantastic. It's great to see it showcased in Vancouver, too, and knowing that those will be out there in the real world and on the market in years to come."

SIGGRAPH 2014 runs until Aug. 14.

hitchBOT is here in B.C.

hitchBOT — the friendly, social-media-savvy robot — arrived in B.C. this weekend after two weeks of bumming rides across Canada.

Its first stop: Golden, B.C., where it observed — what else? — a couple getting hitched. The robot even took its wellies to the dance floor, cutting it loose with bride and groom Julie and Kyle Shepherd on Saturday.

hitchBOT was built to an-

swer whether robots can trust human beings. It set off from Halifax on July 27 with a goal of travelling to Victoria.

Although its journey has been relatively quick so far, co-creator and McMaster University professor David Harris Smith said he has no idea how long it could take to reach Victoria.

"It might be next year," he said with a laugh. "You never know." **THANDI FLETCHER/METRO**



hitchBOT crashes a wedding in Golden, B.C., on Saturday.
TWITTER: @MJBERRY

Land claim. B.C. sued over First Nation treaty process

The Okanagan Nation Alliance has launched legal action against the province over the First Nations treaty process in connection to overlapping claims by aboriginal bands.

Alliance Grand Chief Stewart Phillip says the lawsuit calls into question the legality of the B.C. treaty process itself.

At the centre of the B.C. Supreme Court legal action is an agreement signed between the

province and the Ktunaxa Nation Council giving the Cranbrook band 242 hectares of land in the West Kootenay in the first stage of a treaty.

Phillip says the province didn't consult with their bands before signing the agreement. He says the land signed away includes village sites, hunting grounds and other cultural sites important to members of the alliance. **THE CANADIAN PRESS**

Spill. First Nations health officials to start salmon testing after tailing spill

First Nations health officials are preparing to test salmon near the site of a massive mine tailing spill in British Columbia amid fears in aboriginal communities that fish from affected lakes and rivers aren't safe to eat.

The provincial government has been testing water in Quesnel Lake and Quesnel River after the tailings dam at the Mount Polley Mine failed last week, releasing millions of cubic metres of water and silt.

Water test results have so far found levels of contaminants such as heavy metals within government guidelines and the province has said the spill isn't a danger to human health or aquatic life.

But the chiefs of the Williams Lake Band and the Soda Creek Indian Band both say

members of their communities aren't convinced, and they've stopped fishing in what would normally be the busiest time of the year as salmon return to their spawning grounds.

"People are paranoid and they have every reason to be," Chief Anne Louie of the Williams Lake band said in an interview.

"The timing of it is catastrophic for our people. Right now, everybody would be preparing their fish for the winter, but that has not been done."

The First Nations Health Authority, which oversees aboriginal health care in B.C., says it's developing a salmon tissue sampling program to address concerns about the consumption of fish.

THE CANADIAN PRESS



Squamish Valley Music Festival 'true success'

Rap superstar Eminem performs Sunday night at the Squamish Valley Music Festival. In a release on Monday, festival executive producer Paul Runnals called the event a "true success for the fans, the community and the artists themselves." Planning is underway for next year's festival. JENNIFER GAUTHIER/METRO

Bargaining

Teachers back to bargaining table with employer

B.C.'s unionized teachers and their employer will return to the bargaining table this week after restarting negotiations, just weeks before the new school year begins.

Nancy Knickerbocker, with the BC Teachers' Federation, says the two sides met all day Friday and agreed to meet again this week.

Teresa Rezansoff, president of the B.C. School Trustees Association, says trustees are working on the assumption school will be back next month.

THE CANADIAN PRESS

Squamish

Bears force campers out

Camping has been banned along a stretch of the Squamish River in southern B.C. now that several bears are treating the area like a five-star hotel.

The Anderson Beach Recreational Site north of Squamish has been closed to all visitors after a grizzly bear and a black bear sow with her two cubs have been hanging out in the area.

The B.C. Ministry of Forests and Lands says people visiting the park have had several encounters with the bears, which are attracted to human food and garbage.

THE CANADIAN PRESS

West Van to revisit vote that bans LNG tankers

Howe Sound. Council voted on the ban in July



EMILY JACKSON
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Even city council can second-guess a decision made in the heat of the moment.

West Vancouver council will revisit its unanimous decision to ask Ottawa to ban tankers carrying liquefied natural gas from Howe Sound, after realizing proper procedures weren't followed.

Council will take another look at the ban in September

after it gives Woodfibre LNG, the company proposing to build a facility near Squamish, the chance to argue its side of the issue, Coun. Craig Cameron said Monday.

Council voted on the ban in July after a passionate delegation presented a variety of environmental reasons why they don't want LNG tankers in Howe Sound, Cameron said. Normally votes don't take place after delegations, which usually present only one viewpoint.

But amid high emotions, political grandstanding and frustration to come to some sort of resolution, councilors voted on the motion —

even though some of them (Cameron included) didn't realize it included a ban on LNG tankers.

"We had no discussion of the tanker ban, none," Cameron said. "I'm not saying I wouldn't vote for it ever, but you have to do it according to due process."

Cameron is "irritated" with himself for the mistake, but believes the bigger issue is that politicians shouldn't be making such decisions without having more information.

"It wasn't a very sober, objective consideration ... you can't let politics trump good decision-making," he said.

This is especially true when it comes to issues involving the fight between industry and the environment playing out in the Lower Mainland, he said, adding he would strive for balance.

Regardless, tanker traffic control is outside of the city's jurisdiction.

West Vancouver isn't the only council dipping into environmental issues they don't have much control over.

Vancouver, for instance, has taken a strong stance against the Trans Mountain pipeline and other municipalities are opposed to coal export infrastructure outside city limits.



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One man, one wheel: Victoria man rolls the distance for climate change

Have unicycle, will travel for political action. 24-year-old says 5,000-km ride is the easy part — 'Ottawa will be the challenge'



THANDI FLETCHER

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When Joseph Boutillier decided he wanted to trek across Canada to call for political action on climate change, he knew he needed to make his journey unique.

"A lot of folks do the 'cross-country for a cause' thing, and it's a little hard to stand out from the crowd," he said.

That's where the unicycle came in.

On April 5, the 24-year-old set off from his hometown of Victoria on a 5,000-kilometre unicycle ride across Canada to



Joseph Boutillier, 24, rides his unicycle at Ogden Point in Victoria. CONTRIBUTED

call on the Canadian government to take action on climate change.

Now only five weeks away from the end of his challenge,

Boutillier plans to arrive on Ottawa's Parliament Hill at the start of the fall session next month where he will demand politicians make climate

change a priority heading into the federal election.

While riding a single-wheeled bike without handlebars across Canada might seem

an impossible task, Boutillier said he actually considers the ride "the easy part."

"Ottawa will be the challenge," he told Metro in a

phone interview from the narrow shoulder of a highway about 10 kilometres west of Blind River, Ont. "I don't want to take all this time and then have nothing to show for it."

The first hurdle? Learning to ride the unicycle, which he attempted to master only a few months before setting off from Victoria.

Riding without a support team, Boutillier said the extra weight of carrying his gear and backpack also caused repetitive strain injuries such as "back pain, blisters, shin splints."

Although weather has been mostly co-operative, Boutillier said he encountered rainstorms in Manitoba that washed away the highway shoulders, forcing him off his unicycle for several days while he continued on foot, all the while being eaten alive by mosquitoes.

"It was pretty miserable," he said, adding with a laugh: "But, luckily, that's behind me now."

Boutillier is expected to arrive in Ottawa on Sept. 15.



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Epileptic girl makes dramatic recovery

Summerland. Family of girl, 2, pushes for cannabis oil research

A two-year-old Summerland girl whose family is feeding her illegal cannabis oil has had a dramatic improvement in her seizure disorder.

Kyla Williams' family says in the past five months the oil given to the girl has greatly reduced the hundreds of seizures she was suffering

from daily.

"We were astonished and so thankful when Kyla no longer had any seizures or only a very few each day. Her overall condition continues to improve both physically and mentally.

Kyla is alert, increasingly socially interactive and loves sucking her thumb," Kyla's mother, Courtney Williams, said.

The girl's grandmother, Elaine Nuessler, said numerous drugs were tried to stop the seizures. Doctors told the

family that they were down to the last possible medication and Kyla may seizure for the rest of her short life.

"The seizures themselves and the medications prescribed by the doctors were causing a progressive deterioration," Nuessler said.

Kyla had lost her motor skills, couldn't suck her thumb and was becoming less responsive to the world around her.

The family began using the illegal oil when a family member saw a feature on

television about how cannabis helped children with epilepsy.

Now the family is urging the government to legalize such derivatives, so more research can be done on the medical and health benefits.

Under the marijuana for medical purposes regulations, which came into effect April 1, licensed producers can sell only dried marijuana.

It's illegal to sell derivative products such as oils or foods made from marijuana.

THE CANADIAN PRESS



Courtney Williams gives her daughter Kyla a drop of cannabis oil mixed in yogurt in Summerland, B.C. Kyla, who has a severe seizure disorder, has shown dramatic improvement, thanks to the oil. SUSAN MCIVER/PENTICTON HERALD/THE CANADIAN PRESS



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White Rock killing

Suspect may face second-degree murder charges

Homicide police in Metro Vancouver are recommending second-degree murder charges against a 22-year-old man in connection with the death of another man in White Rock on Sunday.

The incident unfolded around 7 p.m. when White

Rock RCMP were called to a dispute at a home in the 900-block of Ash Street, said Staff Sgt. Jennifer Pound, spokeswoman for the RCMP's Integrated Homicide Investigation Team.

Officers found two injured women and an injured man inside, said Pound. The man was later pronounced dead at the scene, said Pound.

Police are not releasing details surrounding the victim's cause of death.

THANDI FLETCHER/METRO

Chilliwack

Warrant issued for homicide suspect

A Canada-wide arrest warrant has been issued for a suspect in the double homicide of two men and attempted killing of a woman in Chilliwack, B.C.

Homicide investigators in the Lower Mainland are looking for 33-year-old Aaron James David Douglas.

The Integrated Homicide

Investigation Team says Douglas has a criminal record dating back to 1996 and he is believed to be armed and dangerous.

Sgt. Jennifer Pound of the agency says people should not confront or approach Douglas, but instead should call authorities.

Police have identified two homicide victims as 38-year-old Richard Blackmon and 36-year-old Tyler Belcourt, but are not identifying the woman. THE CANADIAN PRESS

46-year-old dead

Cops investigate 'targeted' shooting

Homicide police are investigating after a 46-year-old Alberta man was shot dead in what police are calling a targeted attack in Burnaby late Sunday.

The incident happened just after 10:30 p.m. when Burnaby RCMP were called to a report of shots fired near 2nd Street and 19th Avenue.

Officers found a man with gunshot wounds who taken was taken to hospital but later pronounced dead.

Staff Sgt. Jennifer Pound, spokeswoman for the RCMP's Integrated Homicide Investigation Team, which took over the case, said the victim is known to police and the shooting is believed to be targeted. On Monday, investigators were working with IHIT and Burnaby RCMP to gather evidence and identify witnesses. THANDI FLETCHER/METRO

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Doctor pleads with Ottawa to allow injured Gaza kids into Canada for treatment

'These children are in need.' Dr. Izzeldin Abuelaish says proposal has nothing to do with politics, only ethical and moral responsibility

The federal government should rethink its resistance to bringing severely injured children from war-torn Gaza to Canada for the medical treatment they need, a high-profile Palestinian doctor organizing the effort said Monday.

Izzeldin Abuelaish, whose three daughters died in the 2009 conflict in Gaza, is urging Foreign Affairs Minister John Baird to support a proposal to allow 100 wounded kids into Ontario, which is willing to treat them.

It has nothing to do with politics, the university professor said. There's an ethical and moral responsibility to help in times of need.

"Don't deprive the Canadian people, the Canadian professionals, of this opportunity," Abuelaish said in an interview. "Don't let it down."

Only Ottawa can provide the necessary visas for the children and their guardians, but the federal government suggests it may be better for Canadian doctors to travel to Gaza instead.

"Make no mistake, there is only one party responsible for the suffering of the Palestinian people, and that is the international terrorist group Hamas," Baird's spokesman Adam Hodge said in an email.



Dr. Izzeldin Abuelaish is urging the federal government to allow children wounded in Gaza to come to Canada for treatment, saying Gaza's health-care system is overwhelmed. ANDREW WALLACE/TORSTAR NEWS SERVICE FILE

Quoted

"This is humanitarian, Canadian; it's not ethnic, religious or any political cause. It's Canadian, under one flag — the red Maple Leaf flag."

Dr. Izzeldin Abuelaish, who says the federal government should rethink their resistance to bringing severely injured children from war-torn Gaza to Canada for medical treatment

The government is considering how best to deploy Canadian resources to assist, such as increasing capacity at hospitals in Gaza, Jordan and Israel, as well as field hospitals, to treat the wounded, Hodge said.

But Abuelaish said it would be difficult to ensure the safety

of Canadian doctors in Gaza, whose health-care system is severely damaged and overloaded with injured civilians, including thousands of children.

"It's urgent," he said. "These children are in need."

Doctors would take only children who are stable enough

to travel, Abuelaish said. The children would stay for a month or more until they're well enough to go back.

Many of them suffer from burns, amputations, disfigurements and other injuries that could receive the specialized care that wouldn't be available to them in Gaza, he said.

Ontario Health Minister Eric Hoskins, a physician who has worked in war zones, said the province is willing to treat injured children from Gaza and Israel. Five hospitals, including Toronto's Hospital for Sick Children, have said they're ready to help. **THE CANADIAN PRESS**

Toronto. Police look into bomb threat demanding Rob Ford quit as mayor

Police are investigating an email that threatens to bomb Toronto city hall unless Mayor Rob Ford resigns.

Ford showed the note to reporters on Monday, saying, "this is serious." He said police have been informed of the email, which was received by his brother, Coun. Doug Ford.

The threat warns city hall will "disappear from the map" if Ford doesn't quit.

THE CANADIAN PRESS



Rob Ford TORSTAR NEWS SERVICE FILE

Survey. Depression, PTSD, anxiety common among members of the military

Canada's number-crunching agency says about one in six members of the military have reported experiencing symptoms of mental or alcohol disorders.

Statistics Canada surveyed full-time regular members of the Canadian Forces last year.

The results showed nearly 17 per cent of those surveyed had experienced symptoms in the previous 12 months consistent with at least one of

a half-dozen disorders.

The Canadian Forces Mental Health Survey asked about major bouts of depression, post-traumatic stress disorder, incidents of anxiety or panic and alcohol abuse, as well as alcohol dependence.

The results are somewhat in line with the Canadian Mental Health Association's findings among the general population.

THE CANADIAN PRESS



Health workers wearing protective clothing and equipment against the Ebola virus sit at the Kenema Government Hospital situated around 300 kilometres from the capital city of Freetown in Sierra Leone. MICHAEL DUFF/THE ASSOCIATED PRESS

Ebola drug still not given to Africans

'It certainly looks bad.'
Experimental drug ZMapp has been given to two Americans and a Spanish missionary priest

In a development that raises a host of ethical issues, Spain announced it had obtained a scarce U.S.-made experimental Ebola drug to treat a Spanish missionary priest infected with the killer virus.

So far the experimental drug, ZMapp, has been used to treat two infected Americans and a Spaniard, but no Africans, for a hemorrhagic disease that has been ravaging West Africa for months and has killed about 50 per cent of those it infected.

There is no known cure or licensed treatment for Ebola, which has killed more than 960

people in the current outbreak.

The drug's maker, Mapp Pharmaceutical Inc., says that "very little of the drug is currently available" and that it is co-operating with government agencies to increase production.

"It certainly looks bad that only three Westerners have gotten the drug while most of the people with Ebola are African," said Art Caplan, director of bioethics at NYU Langone Medical Center. He said the drugmaker must make its policy for distributing its treatment clear.

Still, Caplan said there may be an explanation for why only Westerners were given the drug, including the need for a sophisticated medical centre to administer it and monitor the patient carefully since the drug hasn't been tested in humans.

In Nigeria, which says it has 10 confirmed cases of Ebola, some demanded the serum on Twitter. **THE ASSOCIATED PRESS**

Alta. Court of Appeal

Terror suspect should be extradited to U.S., court says

The Alberta Court of Appeal has ruled that an Edmonton man should be extradited to the United States to face terrorism and murder charges.

Sayfildin Tahir Sharif is accused of murder and supporting a terrorist group that took part in suicide bombings in his native Iraq.

The Americans allege Sharif worked from Edmonton to help a Tunisian man enter Iraq in 2009 and detonate a truck filled with explosives at a military checkpoint, killing

five U.S. soldiers.

Defence lawyers had argued before the Appeal Court that RCMP didn't allow Sharif access to a lawyer or interpreter the day of his arrest.

They also said allegations against their client came from three people — including his brother — who were tortured by investigators in Iraq.

The Appeal Court ruled that none of the arguments merited keeping Sharif in Canada. **THE CANADIAN PRESS**



Sayfildin Tahir Sharif
THE CANADIAN PRESS

Red Cross to lead aid mission in east Ukraine

Ukrainian forces on Monday zeroed in on rebel strongholds as the government welcomed an international humanitarian relief mission into the rebellious east involving Russia, the United States and the European Union.

The mission will be conducted under the auspices of the International Committee of the Red Cross. The organization said in a statement it is ready to facilitate the operation with the involvement of

all sides concerned, following a Russian initiative to provide humanitarian assistance to people in eastern Ukraine. It wasn't clear when deliveries would start.

"The practical details of this operation need to be clarified before this initiative can move forward," said Laurent Corbaz, the ICRC's head of operations for Europe and Central Asia.

Moscow had long urged Kyiv to allow the aid delivery, but Ukraine and the West pre-

viously had opposed the move, fearing it could serve as a pretext for sending Russian troops into rebel-held territory.

The Red Cross said it has shared a document with Ukrainian and Russian authorities that stipulates all parties must guarantee the security of its staff during the operation and respect the organization's neutrality.

Officials in Kyiv specified Monday that the Ukrainian government was behind the hu-

manitarian convoy initiative, and that Russia was only one of several countries involved.

The ministry also laid out specific conditions for the aid shipment, saying it should pass through only checkpoints controlled by the Ukrainian government.

It also said that the aid will be distributed by the Ukrainian authorities in the Luhansk region, one of the two mostly Russian-speaking rebel provinces. **THE ASSOCIATED PRESS**



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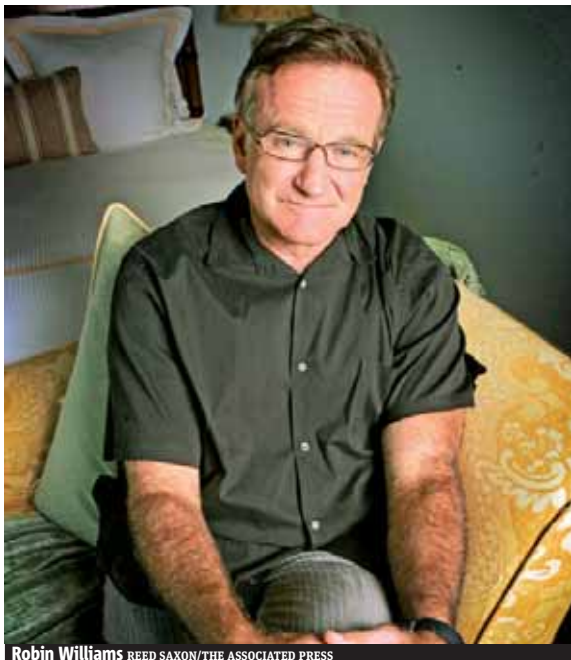


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Oscar-winning actor, comedian dead at 63



Robin Williams REED SAXON/THE ASSOCIATED PRESS

Robin Williams. Hollywood legend pronounced dead in Marin County home, apparently due to suicide by asphyxiation

Robin Williams, the Academy Award-winner and comic supernova whose explosions of pop culture riffs and impressions dazzled audiences for decades and made him a gleamy-eyed laureate for the Information Age, died Monday in an apparent suicide. He was 63.

Williams was pronounced dead at his home in California on Monday, according to the sheriff's office in Marin County, north of San Francisco. The sheriff's office said a preliminary investigation shows the cause of death to be a suicide due to asphyxia.

"This morning, I lost my husband and my best friend, while the world lost one of its most beloved artists and beautiful human beings. I am utterly heartbroken," said Williams' wife, Susan Schneider. "On behalf of Robin's family, we are asking for privacy during our time of profound grief. As he is remembered, it is our hope the focus will not be on Robin's death, but on the countless moments of joy and laughter he gave to millions."

Williams had been battling severe depression recently, said Mara Buxbaum, his press representative.

Williams shot to fame in the late '70s as the alien in TV's *Mork and Mindy*. He conquered the big screen in comic films such as *Good Morning, Vietnam* and *Mrs. Doubtfire*. But he won his Academy Award in a serious role — as the therapist in *Good Will Hunting*.

THE ASSOCIATED PRESS

Justin Bourque

Moncton shooter intended to target police

Justin Bourque admitted that he targeted police officers on the evening in June that he fatally shot three Mounties and injured two others in Moncton, N.B., using a semi-automatic weapon.

An agreed statement of facts filed with the Court of Queen's Bench says Bourque used a Poly Technologies Model M305 .308-calibre Winchester semi-automatic rifle in the shootings that happened between 7:18 p.m. and 8:13 p.m. on June 4.

Bourque pleaded guilty Friday in the Court of Queen's Bench in Moncton to three charges of first-degree murder and two counts of attempted murder.

The 24-year-old returns to court Oct. 27 when victim-impact statements and pre-sentencing documents will be filed with the court.

THE CANADIAN PRESS

Turkey

Conjoined dolphin discovered

Turkish media reports say scientists will examine a two-headed dolphin that washed ashore in western Turkey.

The private Dogan news agency said the remains of a conjoined dolphin calf were discovered on a beach in Dikili, near the Aegean city of Izmir last week by a vacationing gym teacher.

Akdeniz University marine biologist Mehmet Gokoglu said the dolphin was an unusual and rare occurrence.

THE ASSOCIATED PRESS



Marine biologists will study this conjoined dolphin calf that washed up on a beach in western Turkey.

TUGRUL METIN/THE ASSOCIATED PRESS

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Are housing starts at 'unsustainable' levels?

Canada Mortgage and Housing Corp. Report finds new home building projects increased to a seasonally adjusted pace of 189,784 in July

Some economists warn that the surge in the number of new homes being built in Canada is unsustainable and could approach "worrying" levels if interest rates remain at the current level.

Canada Mortgage and Housing Corp. reported Monday that housing starts increased to a seasonally adjusted annual pace of 189,784 in July, compared with 185,952 in June.

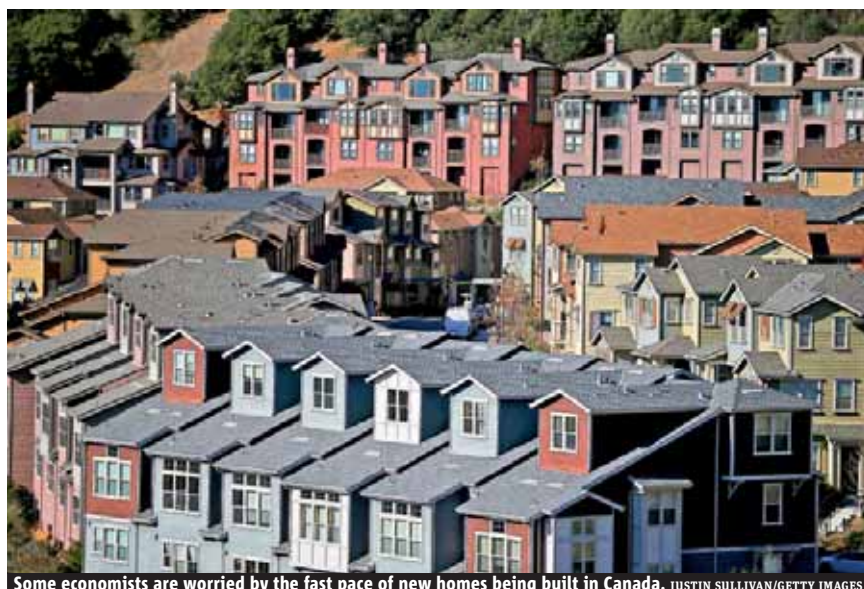
Gains in urban starts were concentrated in Ontario and Atlantic Canada.

The Prairie provinces and Quebec all recorded declines and there were also modest decreases in British Columbia.

July's results mark the fifth consecutive monthly increase in new housing construction.

According to analysis from TD Economics, builders are taking cues from the current housing market, which is riding high on lower interest rates and solid growth in resale prices.

"This level of activity is unsustainable over the near term, on account of an already



Some economists are worried by the fast pace of new homes being built in Canada. JUSTIN SULLIVAN/GETTY IMAGES

moderate level of overbuilding as well as the likely gradual increase in interest rates," says TD economist Jonathan Bendiner.

The Bank of Canada's overnight rate has been set at one per cent since September 2010.

Bendiner forecasts that the pace of housing starts will work its way downward to the 175,000-180,000 unit range through 2015.

The results coincide with Statistics Canada's report last week that a paltry 200 jobs

were added to the economy last month, raising questions as to what's really driving the demand for new housing.

Demand for housing is strong among the 25- to 35-year-old demographic, counters BMO senior economist Benjamin Reitzes.

Young people are increasingly moving to provinces that offer better prospects for employment, driving up demand for housing in a few key provinces, he adds.

However, if building continues at the current pace, it might be difficult to absorb all the units that are currently under construction, says Reitzes.

"We're not quite at that worrying stage yet but it's something to keep an eye on."

The federal agency says the overall increase came as the pace of urban starts increased slightly to 200,098 units in July, compared with 198,665 in June.

THE CANADIAN PRESS

Shopping while black. Barneys settles racial profile case for \$525,000

Upscale American retailer Barneys has agreed to pay \$525,000 US to resolve allegations that minorities were singled out as suspected shoplifters at its flagship store, part of a spate of racial profiling complaints against major retailers last year.

Barneys shoppers and employees complained that detectives followed minority customers around — even after staffers identified them as frequent patrons — and disproportionately investigated their credit-card use, so much so that some salespeople even avoided serving minority shoppers so as to avoid getting calls from store investigators, state Attorney General Eric Schneiderman said Monday.

Besides the \$525,000 in

Quoted

"(This is a) move in the right direction towards fairness and equal respect for all consumers, but we must monitor and continue to be vigilant."

Civil rights activist the Rev. Al Sharpton, said in a statement Monday regarding Barneys' agreement with the attorney general.

finances and expenses, Barneys will hire an "anti-profiling consultant" for two years, update its policy and record-keeping on detaining customers suspected of theft, and improve training of security and sales personnel.

THE ASSOCIATED PRESS

Market Minute

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Hacker stole Bitcoins via a Canadian Internet provider

Researchers with a cyber security firm say they have uncovered that a hacker used access to a Canadian Internet provider to hijack large foreign networks, stealing more than \$83,000 US in virtual currency.

The U.S.-based Dell

SecureWorks says the hacker operated between February and May 2014. It's believed the hacker targeted hosting firms with servers that generate Bitcoin — including Amazon in the U.S. and OVH in France — and redirected some activity.

SecureWorks says the hacker likely worked alone and was in Canada, and could be a former or then-current employee of the ISP. THE CANADIAN PRESS

Market Basket

Power struggle rages on at U.S. supermarket chain

Three independent Market Basket board members have called again for the supermarket chain's protesting employees to return to work, and customers to return, and said they are available to negotiate an end to a battle over control of the New England chain.

"We must end this zero sum game and act in the best interests of our Associates, customers — and in the end, our company," the three directors said in a statement.

The directors recently said they had proposed that the fired CEO and his management team return, without taking control, to assist a return to normal operations as talks continue on his bid to buy out other family members who own a majority of the company. THE ASSOCIATED PRESS

Customer disloyalty? Businesses finding you can't buy love, or loyalty

With competition fierce for consumer dollars, companies are pulling out all the stops to build loyalty, from cost-cutting and loyalty programs to shamelessly broadcasting the bestowment of gifts on surprised customers.

But marketing experts say these tactics don't work unless consumers actually like the product or service being reinforced.

"Basically, you're trying to buy friendship," says Ken

Wong, a marketing professor at Queen's University. "You're trying to suggest to people that you're this good guy bank or this good guy airline. But the reality is, if you want to be a good guy, give good service."

The pressure stems from consumers that are much more selective in the products and services they want and willing to spend the time online to find the best price.

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PEOPLE, U NEED 2 STOP IT!!! SMH

In today's fast-paced dating world of liking and swiping, poor texting habits can be an immediate deal-breaker.

According to a recent Digital Flirting Rules survey by Omlet — a new open messaging app developed by Stanford students — both men and women ranked informal spelling and funky abbreviations as their No. 1 turnoff when it comes to mobile messaging.

Multiple exclamation points, poor punctuation and grammar, all lower case words and acronyms (IDK, BRB, WTF) also ranked high on the list of chatting pet peeves among young adults.

Who knew we were so formal?

I guess ur cre8tive msgs might not B working 4 u after all.

A ubiquitous array of free and monetized apps and dating sites have radically changed the way we seek out and com-



SHE SAYS

Jessica Napier

metronews.ca

municate with our potential romantic partners.

Even if you actually manage to connect with a stranger IRL (in real life), followup flirtations are bound to happen between your devices. Which means early on in the relationship, your touchscreen courtship skills are just as important as in-person chemistry.

So if poor sentence structure and truncated words are irritating texting turnoffs — are we doing anything right?

Typing LOL after every sentence or using multiple exclamation points might come across as desperate (and annoying!!!), but research shows that cutesy emoticons are actually surprisingly lovable in reasonable doses.

According to Omlet's survey, 31 per cent of men and 38 per cent of women prefer to receive chat and text messages with multiple emoticons and emojis.

So feel free to pepper your correspondence with a casual thumbs-up or a flirty wink-face — just don't go overboard.

Excessive emojis are acceptable when swapping stories among friends, but you should probably resist the urge to spell out your first-date plans in a hieroglyphic paragraph of beer glasses and ramen-noodle bowls.

It's also advisable to avoid employing symbolic hearts to express real emotion, unless you're an eight-year-old.

Ultimately, timing is everything when it comes to digital communication. Frequency, followup speed and time of day are important considerations for both men and women who are pursuing a new relationship via their smartphone. And if you're really interested in someone, you should be taking the time to spell out your words and punctuate your sentences correctly.

And for goodness sake, let's all give up the Y2K-era text-speak; even the most lacklustre romantic prospect deserves better than a lazy and dated "c u l8er."

It's all good in Djerbahood



A woman looks at a mural by South African artist Faith47 that decorates a wall in the village of Erriadh, on the Tunisian island of Djerba, as part of Djerbahood. For more murals, scan this photo with your Metro News app. ALL PHOTOS JOEL SAGET/AFP/GETTY IMAGES

International mural project hits remote island town

- French-based Tunisian artist Mehdi Ben Cheikh has invited artists from all over the world to take part in an initiative to turn a district in a village on North Africa's largest island into an "open sky museum."
- The town of Erriadh, Djerba, in Tunisia, with its pale walls and charming architecture, provided the artists with the perfect backdrop and plenty of inspiration.
- Contributors include Belgian-based ROA, who made use of the town's many domed buildings to create an octopus, jellyfish and other creatures; France's C215, a.k.a. Christian Guémy, who contributed many delightful stencilled cats to post-office boxes and doors all over town; and South Africa's Faith47, whose work Hunt Her depicts an ethereal unicorn that looks like it has adorned the crumbling wall it sits on for centuries.

By the numbers

150

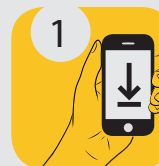
Thirty-four artists from 150 countries took part in the project.

Online

For more on the project, visit djerbahood.com.

METRO AUGMENTED REALITY

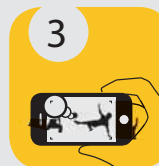
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MetroTube

A! Oh! Let's yo



ANDREW FIFIELD

andrew.fifield@metronews.ca

While the rest of us spent the weekend soaking up those precious drops of summer that will slowly slip away over the coming weeks, 18-year-old California wunderkind Gentry Stein was busy showing up his competition at the 2014 World Yo-Yo Contest in Prague with a dizzying, worrying performance of throws. Fair warning: If you're not into the music "the kids" are into these days, then you're REALLY not going to be into Gentry's selection here. So maybe dull your audio a bit. (c3yoyodesign YouTube)



SCREENGRAB

DVD review



Muppets Most Wanted

Director. James Bobin

Stars. Ricky Gervais, Ty Burrell, Tina Fey

It's not easy being a cash machine. Muppets Most Wanted makes this as plain as the nose on Miss Piggy's face. Just two films into the rebooted Muppets movie series, franchise fatigue is already setting in. All involved admit they don't really know where to go — except to the bank. The film is bookended by songs that parody the perils of following a hit, which The Muppets very much was in 2011. "Everybody knows the sequel's never quite as good," goes one line, and ain't it the truth? Missing in action are Jason Segel and Amy Adams, the human foils for Miss Piggy, Kermit the Frog, Fozzie Bear and the rest of the late Jim Henson's cloth-headed clowns. Segel's enthusiastic pen is also absent, leaving Nicholas Stoller, his co-writer from The Muppets, to do the heavy quipping on his own. Yet they get away with it, mostly. In the show-must-go-on style that's always been a Muppets mainstay, everybody gets down to business, confident that audience goodwill will see them through — and it often does.

PETER HOWELL

Jeff Bridges is a big fan of one certain kid novel

The Giver. Actor claims he's been trying to get beloved book onto the big screen for the past 18 years



NED EHRBAR
Metro World News in Hollywood

Lois Lowry's 1993 hit young adult novel The Giver has a lot of die-hard fans, but possibly none as die-hard as Jeff Bridges ... No, really.

The Oscar-winning actor has been trying to get a film version of the book — about a future society where emotions and memories are controlled to keep the peace — for the past 18 years. Well, he finally got his wish.

You've been behind this film for a while. Is this a more personal project for you than some others you've done recently?

Yeah, I think so. I've been involved with it for about 18 years. I originally wanted to direct my father, Lloyd Bridges, in the film. As a matter of fact, somewhere we have a videotape of me doing just that. We read through the whole book, my dad played the Giver. Dylan, my brother's son, played Jonas, one of his sons shot it, my buddy Bud Cort narrated the whole thing, and we have that somewhere. Hopefully we'll break it out for the DVD.

What would you say was the biggest cause for delay in getting this movie made?



Jeff Bridges says years ago he made a home movie of The Giver with his father and nephew. CONTRIBUTED

I think the challenge of creating that world, for one thing. And also there's a certain danger element to the book. I thought it would be much easier than it turned out to be to get it made. I mean, 12 million copies sold in 21 countries, a Newbery (Medal) award-winning book, taught in schools ... But it's also on the banned books list, so it's quite controversial. A lot of people felt it was too risky for kids to know that information. There's sexual themes in it, a little bit of violence — but nothing compared to other movies that are out today. And then you have the euthanasia element, different things like that. And I

think that made the financiers question whether it would be accepted or not. And then movies like Hunger Games — which my understanding is they were inspired by The Giver, that book — their success really helped our movie get made.

Do you find now, since winning the Oscar, that you're being put in the "serious actor" niche?

Well now I've kind of taken that strategy of playing things differently and thrown that out the window. Now I just jam and do whatever. I'm not too concerned about my career anymore. I'm just kind

AUGMENTED REALITY

→ The creation of sameness? Scan this photo with your Metro News app for a clip of Jeff Bridges in the new film The Giver!



→ See the full instructions on Metro's Voices page.

of playing. I try to resist being engaged in anything because I know what it takes. And that's also been kind of my game plan, to kind of resist.

2 SCENE

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Music. Trainor gives skinny on Bass song

Not everyone was initially All About That Bass.

Meghan Trainor, the 20-year-old who is having a pop-culture moment with the song about body acceptance, said she initially wrote the track and pitched it to other artists, but was turned away.

"Labels were like, 'We love it, but you have to reproduce it. You got to get it more synth-y, pop-y,'" said Trainor, who worked with producer Kevin Kadish on Bass. "We looked at each other like, 'Man, I thought this was a hit, but I guess not.'"

Things changed when record executive L.A. Reid heard the doo-wop pop song, told Trainor she should be the voice behind it and signed her to Epic Records.

This week, the song jumped 20 spots on the Billboard Hot 100 chart to No. 8. The single has sold 389,719 copies so far in five weeks, and the music video, which has 10 million views and climbing, has become a water cooler topic among young girls and parents.

Bass features standout lines like "It's pretty clear, I



Meghan Trainor. THE ASSOCIATED PRESS

ain't no size two," "I'm bringing booty back," and "Yeah my mama, she told me don't worry about your size."

Trainor is ecstatic and humbled that young girls have gravitated to the song.

"I tear up and I call my mom like, 'Did you see that? Did you read that one?' because some girls are like, 'I've hated myself. I hated life. I didn't want to go to school. I get bullied. And then I heard your song and I cried.'"

"They say they cried be-

cause they're happy and they dance around the room. And I was just like, 'What?' It's crazy."

"I wish there was a song like this when I was 13," she said, adding she's not always confident. "It's all mostly in my head. I would sit there in class like, 'I know they are judging me right now. I know they're picking on me.' ... So it helped me a lot, watching this video and seeing the comments that were positive." THE ASSOCIATED PRESS

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OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Love burned through \$27 M, but that's OK — it was only 'Nirvana money'



**NED
EHRBAR**
Metro in Hollywood

It's official. Courtney Love has spent more money than any of us will probably ever have. And most of that cash she blithely dismisses as "Nirvana money." The nerve! "I lost about \$27 million," she tells *Style* magazine. "I know that's a lifetime of money to most people, but I'm a big girl, it's rock 'n' roll. It's Nirvana money; I had to let it go." Well, she could've at least been nice enough to let some of it go in my direction, if she was so eager to part with it. Sheesh. And hell, I'm just a Nirvana fan. Imagine what Krist Novoselic would say. "I make enough to live on, I'm financially solvent, I focus on what I make now." Love says, adding insult to injury. So where did those millions go? Well, a lot of it came from her habit of mixing



prescription drugs and social networking. As you do. Love explains that she'd get loaded and make remarks on Twitter that would result

in people suing her, and she's still working out a few of those libel cases. But don't worry, she's a big girl. It's rock 'n' roll.

"A THOUGHTFUL ROMANCE THAT HASN'T REALLY BEEN NAILED SINCE *WHEN HARRY MET SALLY*."

- ANDREW BARKER, DORKSWELL

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Trapped in the chronic complaining trap? Get out!



People complain because they are bored, unhappy or it has become a habit.
ISTOCK

Tips. Even the most positive people get whiny sometimes. Recognize the reasons why you're doing it so that you can stop

GABRIELLE BERNSTEIN
Author of *Spirit Junkie*

We're bored

When we feel uninspired, we often look for things to complain about.

It can be easier to direct our energy toward something negative than it is to get creative and find ways to stimulate our mind.

The best way to combat this pattern is to redirect your focus. Choose to shift your energy from complaining to celebrating.

For instance, if you catch yourself complaining about the food at lunch, immediately shift your focus onto what you plan to cook for dinner.

Instead of fixating on what you don't like, take back your sense of control and think about what you can create.

When you realize you're capable of effecting change, the urge to complain fades.

Do you have a knack for zeroing in on what's wrong in a situation? Do you tend to focus on what's not working rather than what is? Do you fixate on flaws and let them ruin your experiences?

Heads up: You've fallen into the trap of complaining. It happens.

Even the most positive and easygoing among us can get caught in it.

But you've probably

noticed that complaining doesn't actually make you feel better.

In fact, it usually darkens your outlook and saps your energy. When you find yourself breaking out complaints more often than you're expressing gratitude, turn things around by getting to the core of your behaviour.

There are three big reasons we complain — and simple ways to tackle each one.

We're not happy

Often when we complain about the negativity around us, we're unwilling to look at the negativity within us.

Therefore, we project our sadness outward by complaining about other people, our surroundings, or life in general. It's easier and more comfortable to blame things external to us.

But I'll let you in on an open secret: Facing up to the negativity within is liberating, because you can change it. The simple way out of this pattern is to focus on the good stuff. Proactively choose to focus on what feels good and what makes you happy.

Scientific research backs up the idea that focusing on what makes you happy really does bring more joy, energy and excitement into your life.

Set an alarm for three times throughout the day, and when it goes off do something simple to shift your focus.

It's a habit

Whenever I notice myself complaining, I witness an old habit showing up.

Even though this pattern of behaviour no longer resonates with me, it still pops up sometimes. The best way to change the habit is to witness it and then choose to see it differently.

If you catch yourself in the moment that you're complaining, you can pivot and choose to change your attitude in an instant.

That moment of change establishes a new pattern that creates healthier behaviour. Each time you catch yourself and choose to see things differently, you reinforce that new pattern.

Complaining can be tough to quit. After all, complaining about a situation makes us feel like we're not in charge of it, and therefore that we aren't responsible for working to change it. But escaping the trap is easier than you think and exhilarating, too.

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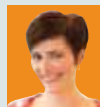
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myfriendinfood.com

Who doesn't remember the childhood pleasure of sitting on a porch or stoop and letting watermelon juice run down your chin and wrists as you suck the sweet juice from a wedge?

Now that you are a grown up, though, you have experienced the conundrum of what to do with the rest of the beast when the slurping is done. You'd be surprised.

Watermelon is one of the more intense sources of lycopene (that nutrient that everyone thinks is only in tomatoes!) that is known to help protect hearts and prostates. It is also high in vitamin A to protect the eyes.

High-water-content

fruits and vegetables keep you hydrated and feeling full throughout the day in exchange for very few calories.

Here are some ways to use up the other half:

- Blend into a juice and use for smoothies;
- Blend with greek yogurt and freeze into popsicles;
- Use as you would tomatoes in sandwiches (simply pat dry with paper towel first);
- Grill for 30 seconds on a very hot barbecue as a base for ice cream desserts;
- Use as you would a raspberry puree in marinades and sauces;
- Chop with mint or cilantro and garlic as fresh salsa;
- Mix with feta and balsamic vinegar and serve on a pita;
- Chop into salads as you would strawberries.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO.

SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Take ooey gooey goodness on the go

Pack a picnic. Grilled Cheese may not seem like a likely outdoor choice but this sandwich is better when it's cooled

You may not think of using watermelon to bump up a Grilled Cheese but, man, is it good!

The watermelon holds its

Ingredients

- 4 slices watermelon
- 8 slices, 100% whole grain bread, chewy in texture
- Butter
- 2 tbsp (30 ml) mustard
- 6 oz thinly sliced extra-sharp cheddar cheese, divided equally in 4
- 1 1/2 cups (375 ml) baby arugula

AUGMENTED REALITY

→ Scan this photo using your Metro News app to follow along as Theresa Albert gives us some useful watermelon tips!



→ See the full instructions on Metro's Voices page.



This recipe serves four. THERESA ALBERT

water better than tomato. These babies are great on a griddle on a barbecue, in a skillet or a Panini press.

They are best wrapped and served cool!

1. Place the watermelon pieces between paper towels to absorb extra fluid. Set aside.

2. Butter each slice of whole grain bread on outside and spread the mustard on inside, and top with cheese. Top the cheese with baby arugula and watermelon slice.

3. On griddle or grill press, spray cooking spray and grill sandwiches on each side until the cheese begins to melt.

RECIPE ADAPTED BY THERESA ALBERT FROM WATERMELON.ORG

Truth about e-cigarettes

No smoke, no fire?



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

E-cigarettes are hyped as a new tool for butting out.

They are smokeless, have no tobacco, and feature a battery-operated cartridge that warms a liquid that may contain nicotine, water, flavouring and propylene glycol (an alcohol that is heated to create the vapour inhaled). Ingredients in the cartridges vary, and not all devices contain nicotine.

So are they safe?

Best Health magazine's Melissa Greer looked into it for the latest issue of Best Health, on newsstands now.

Dr. Andrew Pipe of the University of Ottawa Heart Institute says some people assume e-cigarettes will help them quit smoking, but "early studies haven't shown significant improvements toward quitting rates."

There's concern that e-cigarette users will use the devices in combination with cigarettes to feed nicotine addiction, becoming "double users," says Pipe.

More research is also needed to rule out worries around long-term inhalation of the device's ingredients, including propylene glycol and unregulated amounts of nicotine.

E-cigarettes with nicotine or that make health claims are illegal here, but some Canadians purchase them online from the U.S., the U.K. and even Canada.

Gary Scott Holub, a Health Canada spokesperson, says they have not been approved for use, sale or advertisement: "A company would have to provide evidence of safety, quality and effectiveness for its product to be authorized."

Without scientific evidence, Health Canada advises against their use, and the Canadian Cancer Society supports this position. As for e-cigarettes without nicotine, they are legal, but regulations for use and safety don't exist.

Unfortunately, both types may pose a health risk. "Because they're unregulated, they are manufactured in a variety of settings," says Pipe. "No one has a clear idea of what's in the solutions used."

Could they be a good thing? Maybe. Dr. Peter Selby, chief of the addictions division at the Centre for Addiction and Mental Health in Toronto, says, "We've known for decades that smokers smoke for the nicotine but die from the smoke. E-cigarettes have the potential to help smokers quit while cutting exposure to the 7,000 chemicals, including 60 that cause cancer, found in cigarettes. There's incentive to study this technology further and consider a Health Canada-regulated product."

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No one has clear knowledge of what is used in E-cigarettes. iSTOCK

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Tuesday, August 12, 2014

New major for SFU band

DANIEL
HENDRIKSEN
For Metro

The Simon Fraser University (SFU) pipe band will be heading to Glasgow, Scotland, for the world pipe band championships in a few days, and this year they have a new man leading the way.

Alan Bevan is the new pipe major for the SFU band. He took over for Terry Lee, who retired last fall after leading the group to the world championships 30 times, winning six titles (1995, 1996, 1999, 2001, 2008 and 2009), and placing second on nine occasions.

Although he may be new to the pipe major position, Bevan is no rookie. The 37-year-old lawyer from Abbotsford has been a band member since 1995, and has participated in 18 world championships, including five of the first-place finishes. He is also a successful individual piper, having won gold at two of the world's premier

solo piping competitions, including the Argyllshire Gathering in Oban, Scotland, last August.

The SFU band competes at this year's world championships Friday, and despite a fourth-place finish last year, Bevan expects his group to do well this time around.

"I'm feeling good about my first worlds as pipe major," Bevan said in a press release. "We're playing stronger than ever and I think the band is eager to show off all the hard work we've been putting in."

Approximately 30 of the band's members left for Scotland to perform a special show at the Harris Tweed Hebrides Tattoo in Stornoway. The remaining members will meet them there in time for the worlds, as will SFU president Andrew Petter and his wife, Maureen Maloney, who will be on hand lending their support this year.

For more information on the SFU pipe band, please visit sfupb.com.



Alan Bevan is the new pipe major for the Simon Fraser University pipe band. CONTRIBUTED

JIBC relishes role of training international students

Approximately 50 police cadets from Chinese facilities Jiangxi Police College, and the Jiangsu Police Institute, recently spent time at the Justice Institute of British Columbia (JIBC).

The cadets spent seven days at JIBC learning about criminal investigations, forensics and police management. They were also fortunate to gain some hands-on training with the Vancouver Police Department's emergency response team, dog squad and motorcycle drill

team. Though this latest group of Chinese cadets is the largest JIBC has seen, it is not the first class to which they have introduced Canadian law enforcement training and best practices. More than 300 Chinese students were introduced to Canadian policing and corrections last year.

Dr. Michel Tarko, president and CEO of JIBC, said in a press release that his school relishes the opportunity to extend training to international students.

"Expanding access to our programs internationally is a priority," Tarko said.

"We have continued to deepen relationships in China to support the modernization of the country's law enforcement and justice system. We value the confidence we have gained with

our partner agencies and organizations in China, and the support of Canadian officials in facilitating this important work."

Upon completion of their training, the Chinese cadets each received an introduction to the Canadian justice system certificate.

"This latest group of Chinese police officers is one of the youngest we have received to date," said Mike Trump, dean of the school of criminal justice and security and the office of international affairs at JIBC. "We've taken very seriously the responsibility of helping the next generation of law enforcement officers learn about the best practices in the field, knowing that our education and training has already made meaningful contributions in China."

KPU grad a finalist in Cineplex contest

For some, the pre-show at the movies is just as entertaining as the feature presentation. Theatre giant Cineplex recently wrapped up a competition to find its next lineup of pre-show entertainment.

Before the three winners were announced, the pre-show casting call came down to eight finalists, and Kwantlen Polytechnic University (KPU) grad Braeden Saucy was one of them. Unfortunately, Saucy didn't make the final cut, but his one-minute audition tape was the only one submitted from British Columbia to make the final.

"I've always been a huge film buff and a storyteller, but acting and directing are pretty difficult industries to make a career of," Saucy said in a press release. "So about three years ago I started making short comedic videos and posting them on YouTube just for fun."

The competition was decided by voters and the three winners earned a chance to film up to 12 segments as Cineplex pre-show hosts. They were also awarded enough SCENE reward points to see a movie a week for an entire year.

Even though his audition tape wasn't selected as one of the top three, Saucy was excited to make the final.

"When I saw that the audition for this contest was a one-minute video submission, I knew I had the basic skills to throw something together. So I said, 'Why not?', rallied some friends and submitted an audition. I was thrilled when I found out I had made the top eight from across Canada."

Saucy, a Delta resident who graduated from KPU in December with a bachelor of arts in general studies, works as a teacher's assistant at the Delta Film Academy.

DANIEL HENDRIKSEN



Braeden Saucy

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ITA extends partnership with Lions

DANIEL HENDRIKSEN
For Metro

For the second straight year, students can look forward to seeing members of the B.C. Lions football team in their classrooms. The Lions have extended their partnership with the Industry Training Authority (ITA) in order to continue the Lions in the House initiative.

Powered by the ITA and CN Rail, the initiative is aimed at youth in grades six through nine, and designed to inform kids of the vast career opportunities available in the skilled trades and railway safety.

"Young people are the future of our province and we want them to know about the range of career opportunities

for skilled trades and technical workers," Minister of Advanced Education Amrik Virk said in a press release. "Teaming up with the B.C. Lions is a great way to let students know about the exciting post-secondary choices that lie ahead of them."

"We're excited to be extending our Lions in the House partnership with the B.C. Lions football club for another year," said Gary Herman, interim CEO, Industry Training Authority.

"Having the players visit schools around the province and deliver a positive trade career message is an important part of ITA's youth programs. Players are seen as mentors and mentorship is an essential ingredient in both sport and the skilled trades



The B.C. Lions and the Industry Training Authority extended a partnership in order to continue the Lions in the House initiative. CONTRIBUTED

as it provides young people with the necessary support and knowledge they need to achieve their goal. Each player exemplifies hard work and commitment and can speak to the benefits of finding a career that they love."

Each of the 25 visits will feature Lions players delivering speeches during which they will talk about the choices they have made in their lives, specifically in the fields of education and safety.

For more information, visit bclions.com/page/lith.

Province invests \$1.35M into BCIT trades department

With the looming shortage of qualified trades workers in B.C., the provincial government has stepped up and invested \$1.35 million in the trades department at the British Columbia Institute of Technology (BCIT).

The money will be used to increase access and reduce wait-lists for critical trades training seats at BCIT by adding 272 seats. The additional spots will be available as early as this fall. In a media

release, B.C. Advanced Education Minister Amrik Virk clearly expressed the mandate for the money.

"We want British Columbians first in line for the one million job openings anticipated to open by 2022," Virk said. "These additional 272 seats at B.C. Institute of Technology will create greater opportunities for students to move from learners to earners."

The extra seats will be funded by \$798,000, while the remaining \$553,000 will

be allocated for operating funds for minor equipment such as tools, a small steam boiler, welding equipment, threading machines and other training equipment to support trades students.

It is expected that 43 per cent of the one million job openings forecasted for 2022 will require college education or apprenticeship training.

More information on the government's plan to address those openings can be found at workbc.ca/skills.

Langara announces changes for board

The Langara College board of governors has announced that David Bowra, Bowra Group president, has assumed the position of board chair effective Aug. 1.

Bowra took over the role from outgoing chair Anne Lippert, who had reached her maximum six-year service on the board.

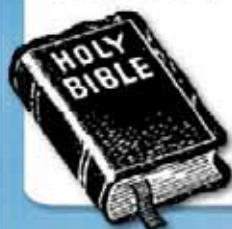
Bowra brings with him a decorated financial background. He is a chartered accountant and trustee in bankruptcy with more than 30 years of experience involving major international accounting firms.

Joining Bowra on the board at Langara is new member Charlene Barkman. Founder of Eagle West Crane Academy, Barkman is a member of the Vancouver Regional Construction Association and the Canadian Construction Women organization. She holds a bachelor of arts from Trinity Western University and a master of business administration from Royal Roads University.

DANIEL HENDRIKSEN

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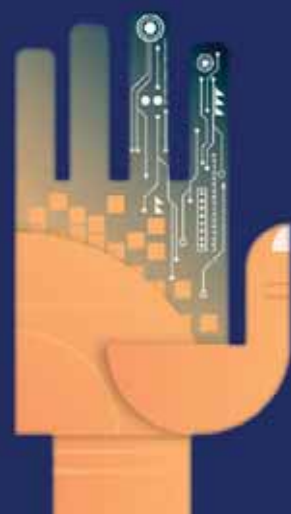
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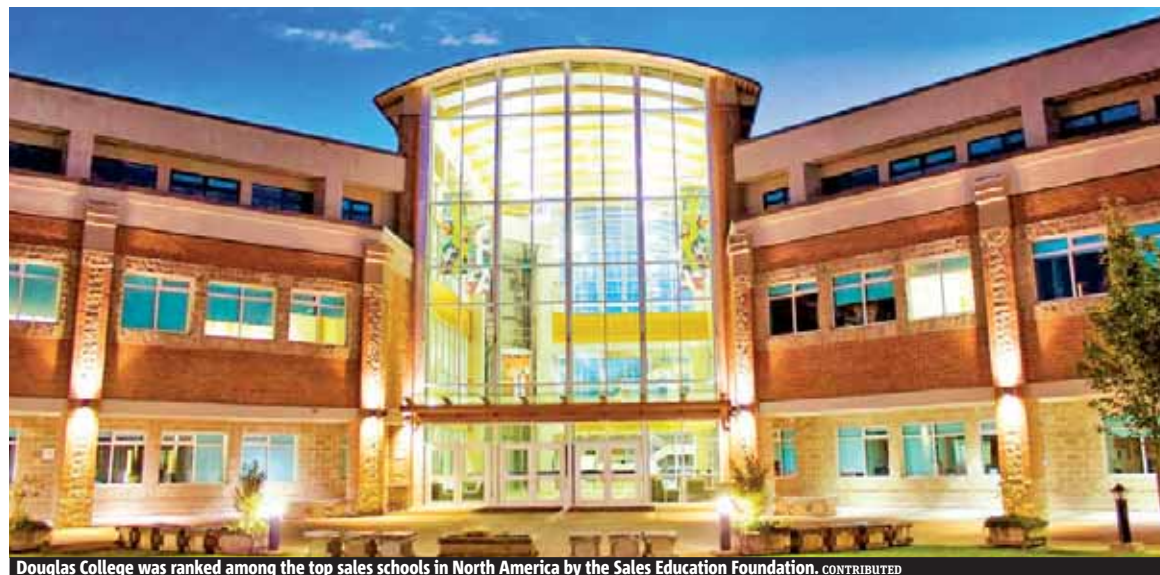
DANIEL
HENDRIKSEN
For Metro

In a new list released by the Sales Education Foundation (SEF), Douglas College was ranked among the top sales schools in North America, and was the only Canadian school to make the list.

The SEF is an Ohio-based non-profit initiative that promotes the sales profession through college and university programs. The foundation provides sales students with scholarships and research grants, as well as formal assessments of their strengths and weaknesses in the sales field.

To qualify for SEF's list of the best sales schools in North America, institutions must have at least three sales-specific courses and offer sales internships.

"It is encouraging to see Douglas once again included on this list of institutions, which are doing amazing work in sales education," David Moulton, Douglas College marketing instructor, said in a press re-



Douglas College was ranked among the top sales schools in North America by the Sales Education Foundation. CONTRIBUTED

lease. "It's recognition that we're providing our students with the high-quality preparation they need to get their careers off to a strong start."

Douglas offers three sales courses — professional sales, sales management and

personal selling — leading to a diploma in marketing. The programs enable students to develop skills and knowledge in sales methods, negotiation, preparing sales proposals, professional ethics, and other areas.

Sales programs on the

SEF's list have an average of more than 92 per cent job placement for its students. According to Sally Stevens, executive director of the Sales Education Foundation, post-secondary sales programs are quite strong across the continent.

New dean to take helm of Beedie School of Business

The Beedie School of Business (BSB) at Simon Fraser University will soon have a new dean. Blaize Horner Reich will assume the position as of Sept. 1, taking over for the outgoing Daniel Shapiro.

Reich, BSB's RBC professor of technology and innovation, is a well-known professional in IT governance and technology-based organizational transformation. Prior to working at BSB, Reich was employed in both Canada and Asia as an industry consultant.

In 2012, Reich was a recipient of the Business in Vancouver's Influential Women in Business Award. The honour is presented to women who are leaders in their industry and the business community at large. Recipients are often in charge of corporate entities and not-for-profit organizations, committing time and resources to mentor other women in business.

Reich is currently a board member of the CIO Association of Canada, the Information and Communications Technology Council, and the Canadian Women in Technology.



Blaize Reich

METRO CUSTOM PUBLISHING

Brighton College hosts first community barbecue

Current students get to mingle with alumni

To thank everyone for their continued support over the years, Brighton College is holding their first ever Brighton College Community Appreciation

Barbecue on Aug. 16.

"This event aims to bring together not only the community surrounding Brighton College, but also the community of current and past students of the college," says Jessica Hurford, the event organizer.

"They can mingle and interact and share

their stories with one another and offer encouragement for those in their programs right now."

Starting at 11 a.m., the event takes place at Central City Mall's outdoor plaza, where guests can enjoy food, fun and entertainment.

The event is a charity event, with tons of prizes from Brighton's sponsors, like BC Lions tickets, iPad minis, a scholarship, and more.

"We feel that the communities in which we are located have given us many opportunities to flourish," says Hurford.

The event is open to the public and all proceeds of the event will go to the Surrey Food Bank. To learn more, visit brightoncollege.com.



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DISCOVER HOT CAREERS AT CDI

NATIONWIDE OPEN HOUSE ON AUG. 21

The provincial government anticipates more than 1 million job openings in B.C. in the decade leading up to 2020. It also predicts a tight labour market, with demand for these jobs exceeding the availability of qualified workers.

So where will the bulk of these opportunities be, and how can one position him or herself to jump into one of these in-demand careers?

CDI College will address those questions and more during a nationwide open house Aug. 21. One of Canada's leading career-training institutions for more than 40 years, CDI College is opening the doors to each of its 26 campuses, including locations in Vancouver, Burnaby, Richmond, Surrey, South Surrey and Abbotsford.

"Our curricula are largely created based on the advice of key advisors within the industries we serve," says CDI College

vice-president Larry Heinzlmeir. "As such, we have a unique insight into what's happening in the labour market, what skills employers are looking for and how best to prepare our grads with the training they'll need to succeed — often in less than a year."

Attending an open house will give prospective students a chance to find out about more than 50 hands-on programs CDI College offers in key growth sectors such as business, health care, early childhood education, art and design, legal and technology. It's also an opportunity to meet instructors, chat with current and former students and learn about CDI College's career services and student assistance programs.

"This is the best opportunity to find out where the most in-demand careers are and how to train for them," says Heinzlmeir.

"Plus, everyone who attends an open house


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will be eligible to qualify for one of 26 \$1,000 scholarships for any of our career-training programs."

The CDI College open house runs from

6-8 p.m. at all six Lower Mainland campuses on Aug. 21. To RSVP, visit openhouse.cdicollege.ca, or call 1-888-654-4177 for more information.

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Aboriginal program gives educational foundation

The adult Aboriginal basic education (AABE) program, offered at Native Education College, gives First Nations students the chance to get their adult graduation diploma if they did not graduate from high school. It also allows them to upgrade their high school courses like math and English if they wish to pursue further education.

Unique to this program is the Aboriginal perspective that students are taught throughout.

"The education system is failing most of our students and we work hard to pick them up and support them through graduation with our cultural values," says Lillian Prince, AABE program co-ordinator.

This program allows students to complete

the foundation courses that they will need to succeed in college certificate and diploma programs. And many of Native Education College's programs transfer to degree programs at B.C. universities and institutes.

The basic education program is taught from a First Nations cultural perspective and includes a component in which students get to design and craft their own Northwest Coast button blanket and learn about their cultural heritage.

This program is offered in September, January, and April and the tuition is free for Aboriginal students.

For information, visit necvancouver.org.



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NYIT a good choice for those seeking diversity

Global connections an attractive feature for MBA students

Working with an American entrepreneur in India, Faisal Mohammad Khan realized the importance of getting exposure to diverse cultural backgrounds that could develop his ability to look at things in the business world with different perspectives.

With the future plan of positioning himself as an entrepreneur in the global economy through his entrepreneurial venture, Khan enrolled in the Master of Business Administration program at NYIT-Vancouver.

"I decided to pursue my MBA from a well-rounded university such as NYIT, where I could get international exposure, quality of education, dedicated professors and polish my skills," says Khan.

Khan chose Vancouver because of family ties to the city, and since arriving from India, he feels confident that his



Faisal Mohammad Khan CONTRIBUTED

decision to study in Vancouver will help him to meet his career goals.

"I am very impressed with the fantastic mix of diverse culture, academic instruction, and courses covered by the professional business people at NYIT," says Khan.

"Professional experience brought to the classroom by faculty certainly adds value and creates a very dynamic learning environment, which has made my graduate studies a very challenging and rewarding experience."

He also credits the location of NYIT — in the heart of Vancouver — to providing him with a valuable network and ample opportunities to interact with the business community.

For more info, visit nyit.edu/canada.



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College popular with savvy job seekers

Vancouver Career College is holding an open house Aug. 21

According to WorkBC, approximately 78 per cent of jobs created between now and 2020 will require at least some post-secondary education. While some jobs will require a university degree, the majority will require a college or trade certificate.

"In many ways, career colleges are ideally suited to today's tight labour market," says Dr. Bohdan Bilan, vice-president of Vancouver Career College, where enrolment is surging.

Perhaps not surprisingly, the vast majority of Vancouver Career College graduates find work in their field within six months of graduating, with some programs boasting a success rate in the high 90s. That, says Bilan, is what institutions like Vancouver Career College do best.

"We're all about training people for careers that are in high-demand in B.C. right now," he says, adding that many programs can be completed in one year or less. "That's



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why most programs include a practicum placement that gives students hands-on experience in a real workplace, and why we

have an entire career services department dedicated to helping students and graduates achieve success in their chosen fields."

"WE'RE VERY TUNED IN TO WHAT EMPLOYERS ARE LOOKING FOR AND WE CAN QUICKLY ADAPT OUR PROGRAMS TO REFLECT THOSE MARKET NEEDS."

— **Dr. Bohdan Bilan, vice-president of Vancouver Career College**

Vancouver Career College is so confident in its career-training programs that, on Aug. 21, it's opening the doors to each of its six campuses, including Lower Mainland locations in Vancouver, Burnaby, Surrey, Abbotsford, and Coquitlam. The open house will be held from 6 p.m. to 8 p.m. and will give students a chance to see firsthand everything that a leading career college has to offer.

"As an extra bonus," says Bilan, "everyone who attends will be entered to win one of six \$1,000 scholarships for any of our career-training programs."

To RSVP to a Vancouver Career College open house at any campus, visit openhouse.vccollege.ca. To learn more, call 1-877-658-3977.



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By 2020, 43% of workers will require some form of trades or technical training. One of the best ways to prepare for a trades career is through a foundation training program like the Construction Electrician Foundation, Plumber Foundation or Carpenter Foundations programs at Vancouver Career College. In less than a year, you could be on your way to a rewarding lifelong career.

Find out how you can build a solid career in trades:

Call: 1.800.993.4083

Visit: trades.vccollege.ca

Blue Jays draw flock in Seattle

MLB. Series against Mariners has wild-card race implications



CAM TUCKER
cam.tucker@metronews.ca

They were out in force, walking the streets of Seattle, clad in blue and white, with last names like Bautista and Lawrie on their backs.

The Toronto Blue Jays are in the Pacific Northwest with a strong contingent of fans from north of the border in the Emerald City, which is about a three-hour drive south of Vancouver, for an important three-game series with the Mariners, which began Monday night.

Last year, the Jays' visit to Safeco Field following B.C.'s August long weekend produced an average crowd of more than 31,000 fans for the three-game series.

The Mariners averaged less than 22,000 fans per game last season, according to ESPN.

Blue jerseys began to fill the stands while the Mariners were still taking batting practice Monday.

By the time Toronto's players hit the field to take their warm-up cuts, the third-base seats close to the dugout were packed several rows deep with Blue Jays fans.

"We noticed that last year. It was unbelievable," said Toronto manager John Gibbons.

"Hell, it's exciting."

However, there is something entirely different about

this visit.

The Blue Jays are in a dogged fight for a wild-card spot in the American League. The Mariners are also involved in this fight.

A reminder: The Blue Jays haven't made the post-season since winning a second consecutive World Series title back in 1993.

The Mariners' slump hasn't reached such depths, but it's getting up there, with their last trip to the playoffs in 2001, when they won 116 games in the regular season.

The Blue Jays and Mariners entered Monday's contest each 1.5 games back of the Kansas City Royals for the final wild-card spot.

A game, or a series, in August between the Blue Jays and Mariners hasn't meant much in recent years. But it does now.

"You could definitely say that," said Toronto left-fielder Anthony Gose when asked if it felt like playoff baseball right now.

"I think we definitely appreciate the support everyone is giving us. But whether it's home or away, big crowd or no crowd, I think we still gotta go out there and play baseball and try and win a baseball game."

Mariners rout Jays

The Mariners opened the three-game series against the Blue Jays with an 11-1 win. Go to metronews.ca for the full story.



Blue Jays right-fielder Jose Bautista misses a ball off the bat of the Mariners' Mike Zunino on Monday night in Seattle. Zunino was credited with an RBI triple on the play. OTTO GREULE JR./GETTY IMAGES

K.C. wins 8th straight

Royals ascend to AL Central throne

The Kansas City Royals won their eighth straight game and took over the AL Central lead Monday night, when Yordano Ventura outduelled Sonny Gray during a 3-2 win over the Oakland A's.

"You want to be in first place. Our goal was to get back to first place," Royals manager Ned Yost said. "Now our goal is to stay in first place."

The Royals trailed the Detroit Tigers by eight games on July 21, but their 16th win in 19 games, coupled with a loss by Detroit in Pittsburgh, wiped away the deficit and gave them the lead at the latest point in a season since 2003.

Alcides Escobar drove in a run in the second inning before delivering a two-out single off Gray in the seventh, putting K.C. in front. **THE ASSOCIATED PRESS**

Raptors fined

Drake's KD pitch costs Raps \$25K

The NBA has reportedly fined the Toronto Raptors \$25,000 US for comments that rap star Drake made about Kevin Durant last weekend in Toronto.

Drake, the team's global ambassador, used the stage at Toronto's Molson Amphitheatre to make a pitch for Durant to sign with the Raptors when he becomes a free agent in 2016.

Durant was in attendance at the Toronto show when Drake urged the crowd to show their support for the NBA's reigning most valuable player.

THE CANADIAN PRESS

Ward had reputation as a fearless driver



Kevin Ward Jr. THE ASSOCIATED PRESS/
EMPIRE SUPER SPRINTS, INC.

Kevin Ward Jr. was crafting a reputation as a wheelman, the kind of driver who could race vehicles on any track without fear.

He'd sit up on his seat, floor it, and zip his way through a maze of cars straight toward the front of the pack.

He did it for points, for fun, often for little money.

"He would go to tracks that a lot of other drivers wouldn't go to," Chuck Miller, the race director and president for the Empire Super Sprints circuit,

said Monday. "If we had sanctioned races with other organizations where we really weren't giving points or anything, but it was a deal where you wanted to see how you stacked up against the other competition, the Wards were willing to go and do that and see where they were at."

Ward was killed Saturday night about 225 kilometres away at a clay track in Canadaigua. NASCAR champion Tony Stewart was the big name in the field, racing with

the young guys while he was in the area for a Sprint Cup race at Watkins Glen the next day.

Ward and Stewart tangled, and Ward hit the wall. Ward walked on the track apparently to confront Stewart, and was struck when Stewart's vehicle seemed to fishtail.

Authorities questioned the 43-year-old Stewart once on Saturday night and went to Watkins Glen to talk to him again Sunday. Ontario County Sheriff Philip Povero said that

investigators don't have any evidence at this point to support criminal intent. Povero said Monday there were no plans "at this time" to talk to Stewart again.

"At this time, there are no facts that exist that support any criminal behaviour or conduct, or that any probable cause of a criminal act, in this investigation," he said.

Povero said the autopsy was completed Monday and found Ward died of blunt force trauma. **THE ASSOCIATED PRESS**

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Get plenty of rest today because you are going to be super busy towards the end of the week. The planets will confront you with challenges that demand a strong response.

♉ Taurus

April 21 - May 21

Set yourself targets, but don't aim so high that failure is more likely than not. You don't have to be perfect – you're perfect just the way you are.

♊ Gemini

May 22 - June 21

Don't worry if you have not yet made a serious start on an important project because you will get your chance over the next two or three days. Just keep your emotions out of it.

♋ Cancer

June 22 - July 23

You cannot have things your own way all of the time but you will always get another chance, so why worry? Look forward today, not back.

♌ Leo

July 24 - Aug. 23

If there are things you still need to do, get working on them today. Tomorrow there will be other issues that demand your time and attention.

♍ Virgo

Aug. 24 - Sept. 23

Less than two weeks from now a new solar year will begin and you will no longer be held back by issues over which you have no control. The good times are on their way.

♎ Libra

Sept. 24 - Oct. 23

You need to take life at a more relaxed pace over the next 24 hours. You will have to deal with important issues, of course, but, seriously, there is nothing to worry about.

♏ Scorpio

Oct. 24 - Nov. 22

It won't be long before you have to make a choice between a personal relationship and your work. You will need to focus in a single direction.

♐ Sagittarius

Nov. 23 - Dec. 21

Over the next 24 hours you will have to admit your negative views about a newcomer to your social circle were totally wrong. It seems they are a lot nicer than you thought.

♑ Capricorn

Dec. 22 - Jan. 20

You can transform your existence, but it won't be until the Sun moves in your favour on the 23rd. In the meantime, be patient. Your time will come.

♒ Aquarius

Jan. 21 - Feb. 19

Resist the urge to go to extremes when dealing with people you don't much like or the bad feelings you create may come back at you.

♓ Pisces

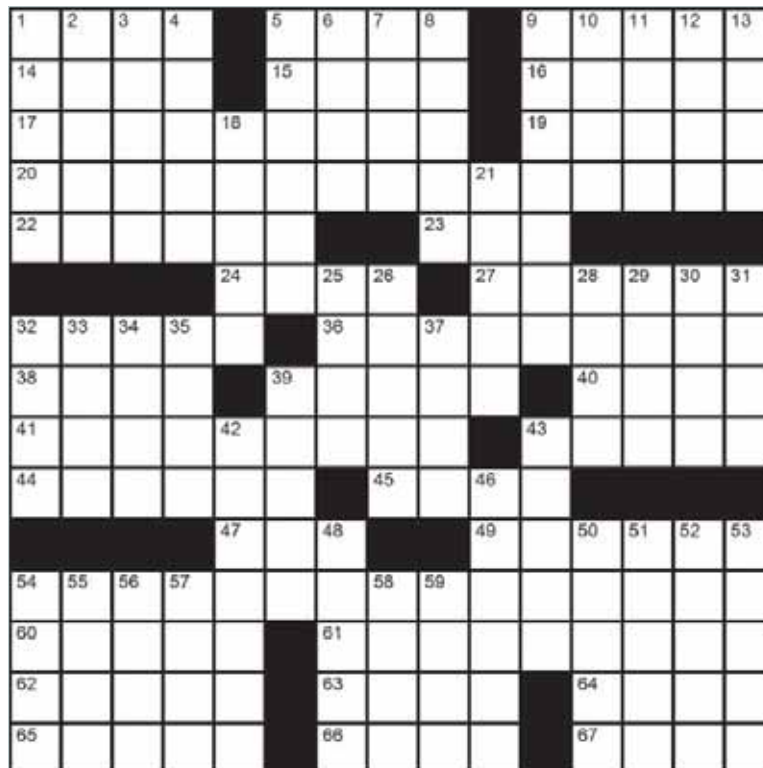
Feb. 20 - March 20

Only you can decide if a relationship is worth carrying on with but you don't have to decide right now. There are a few twists and turns and surprises to come, so stay calm.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Canadian rapper, see 41-Across for more!
5. Cushy
9. Terra ____
14. Bathe
15. Advocate
16. Online aid, e.g., ____
17. Snowy mountain danger
19. Lively
20. Charge led by The Beatles: 2 wds.
22. "Open ____!"
23. "I got an '____' the quiz!"
24. Memo abbr.
27. Manitoba: ____
32. "Say that thou ____ forsake me..." — Shakespeare
36. Red River ____ (Canadian breakfast serving)
38. Hautbois
39. Workshop machine
40. "Not ____ watch!"
41. "The ____ Still Lives At Home" (Song by #1-Across)
43. "God helps ____ who..."
44. Levi's ____ jeans
45. Rob Thomas' "This Is ____ Heart Breaks"
47. Universal principle
49. Drives
54. Canadian ____ - ____ (The English Patient or Life of Pi)
60. Canadian heavy metal band
61. Winnipeg, "The Heart of the ____"
62. Vista
63. Gloria's dad, to Meathead



64. Old shipping weight allowance
65. Dispatches
66. Articulates
67. "My king"

Down

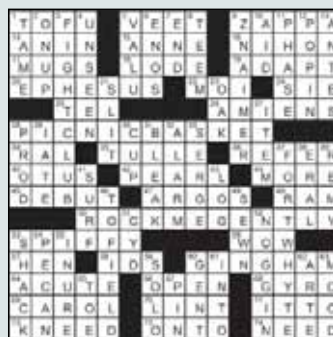
1. Concrete chunks

2. ____-Aubert (One of Magdalen Islands)
3. J' ____; Nous avions...
4. "____ Dawn" by Tanya Tucker
5. Day-to-evening time
6. Philharmonic gr.
7. E-J link

8. Brandon ____, Hilary Swank Oscar-winning role
9. French painter, Paul ____ (1839-1906)
10. Actress, Carre ____
11. "Mickey" by ____ Basil

12. Blinds/shades co., Blinds ____
13. Kirk ____, "Superman" (1948) star
18. Point towards: 2 wds.
21. National Gallery of Canada's striped painting, ____ of Fire
25. Comparison word
26. Number-counter's nick
28. David ____ ("Rhoda" husband-portrayer)
29. Jay ____
30. Pet food brand
31. Leonard ____, Roy Rogers' birth name
32. Gateway
33. "Access" suffix
34. "The Days and Nights of Molly ____"
35. Aug. follower
37. Vincent van Gogh's brother
39. Manitoba community
42. Is U2, does this: ____ and hums
43. Singer Ms. Terrell
46. Lengths cohorts
48. Killer whales
50. Boucherville 'bridges'
51. "...if ____ saw one!"
52. Ocean vessel
53. Seven: Italian
54. Rocker's instrument
55. Newfoundland folk trio, The ____
56. Stove
57. Nice
58. Ms. Ephron
59. 'Consist' suffix

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

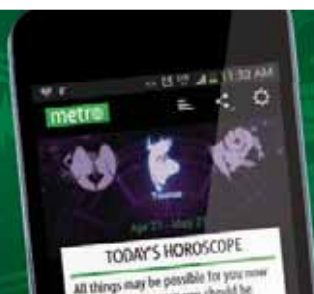
Yesterday's Sudoku

5	1	9	2	6	7	8	4	3
2	8	3	9	1	4	6	5	7
4	6	7	8	5	3	1	9	2
1	3	2	4	9	6	7	8	5
9	7	8	5	3	1	4	2	6
6	4	5	7	8	2	9	3	1
8	2	4	1	7	5	3	6	9
3	5	1	6	4	9	2	7	8
7	9	6	3	2	8	5	1	4

	5	1		4				3
	8						9	
9		7		3	6			
		6	3				5	
			1		2			
		3			9	4		
			2	8		7		5
		5					2	
4				9		8	3	

TODAY'S HOROSCOPE:

Neptune is suggesting that now may be the perfect time to get the Metro News App



metro



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